


JULY

Monday	Tuesday	Wednesday	Thursday	Friday
30* Beef and/or Cheese Soft Tacos	1 Chicken Salad With Crackers	2* Buttered Noodles	3  RLNS WILL BE CLOSED JULY 3 rd and 4 th	4
7* Grilled Cheese Sandwiches	8 Chicken Nuggets	9* Pasta with White Sauce	10* Turkey and Cheese or Cheese Roll-Ups	11 Hot Dogs
14 Fish Sticks	15* Mac & Cheese	16 Chicken Tenders	17* Ham and Cheese or Cheese Roll-Ups	18* Cheese Pizza
21* Chicken and/or Cheese Quesadillas	22* Spaghetti with or without Meatballs	23 Hot Dogs	24* Sun Butter and Jelly Sandwiches	25 Sloppy Joes
28 Corn Dogs	29* Cheese Ravioli	30* Bean and Cheese Burritos	31* Turkey & Cheese or Cheese Sandwiches	1 BBQ Chicken Sliders

MILK OR JUICE ARE SERVED WITH MORNING AND AFTERNOON SNACKS AND LUNCH EACH DAY.
 FRUIT AND VEGGIES ARE SERVED WITH LUNCH EACH DAY.
 Days with a * designates vegetarian lunch.